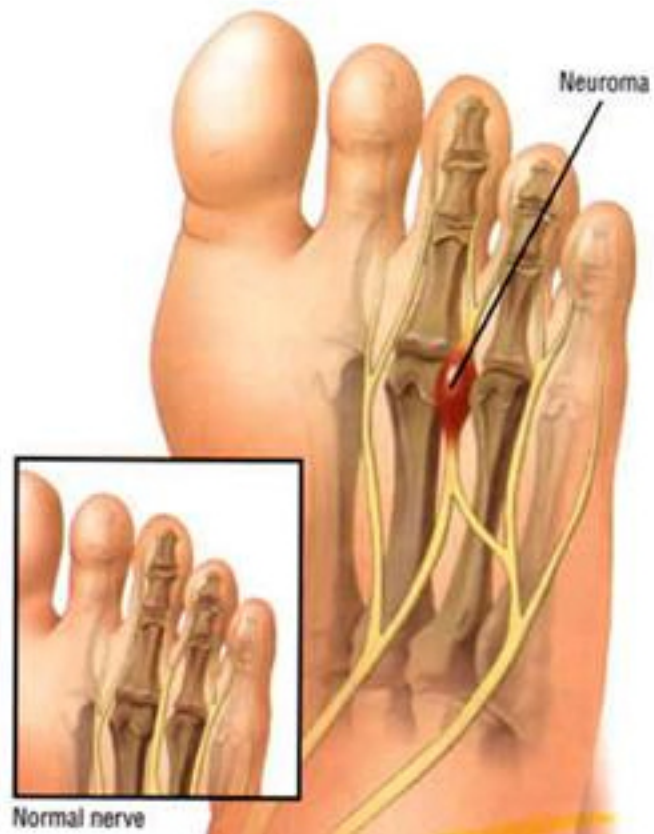


## MORTON'S NEUROMA

A burning pain in the ball of the foot, possibly radiating into the toes could be Morton's neuroma. It occurs when tissues around the nerve that leads to the toes are compressed by an injury or are squeezed by tight shoes. Corticosteroid (cortisone) injections can reduce inflammation, but ultimately the foot needs roomy shoes. Metatarsal support may help to relieve pressure on the nerve.



Normal nerve