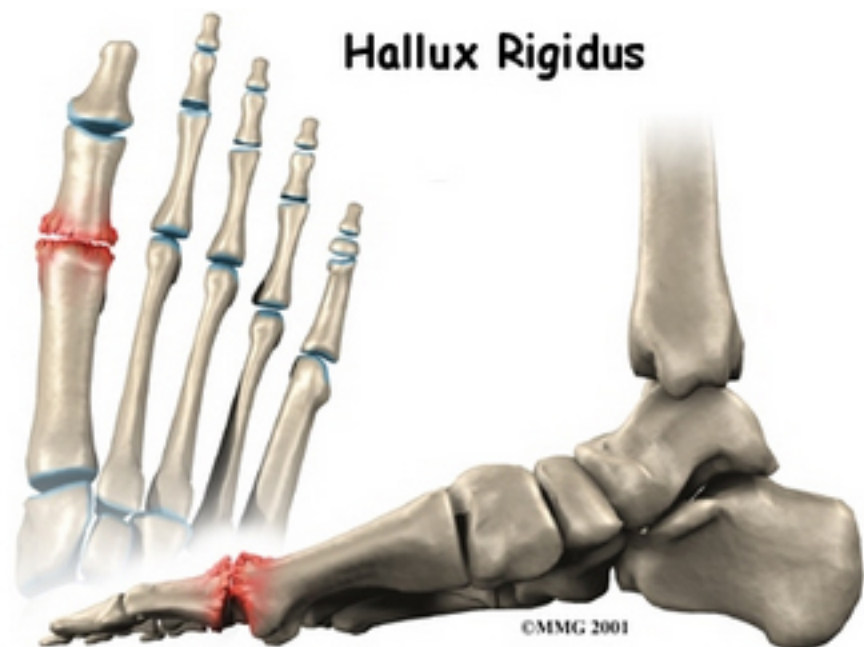


## Hallux Rigidus



## HALLUX RIGIDUS/ LIMITUS (stiff big toe joint)

Arthritis or other conditions in the joint at the base of the big toe cause it to stiffen, making walking uncomfortable as the toe bends to push off the ground. The condition may result from sports or improperly fitted shoes. Orthotics may help, surgery may be necessary.

